



BFD Times

Welcome Josh Huestis

Important Dates:

**Officers Meeting is:
Wednesday,
September 16th**

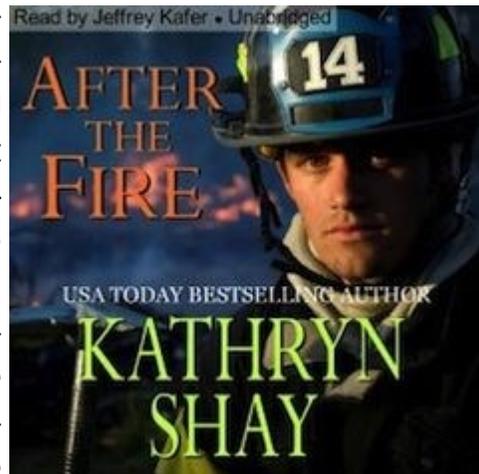
Happy Birthday To:

David Parenti 10/7
Sean McCarty 10/29

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Join me in welcoming Josh Huestis to the department. As I do for all new employees, I put Josh's name in a google image search to see what he looks like, but all I could find were basketball pictures. Better get off the stick and start doing something Josh so we can see



your pretty face on Google. I did finally find this guy. Let me know if he resembles him. Anyway, Josh has been assigned to a temp full-time position on dayshift. Welcome aboard Josh! We look forward to working with you.

Probation Completed

A big congratulations is going out to FF/AEMT Will Thalheimer on the completion of his probationary period. Now, its time to get serious. Keep up the good work and never stop learning. As a reminder to all personnel, *"When you stop learning because you think you know it all it's time to get out!"*





Coffee Break Training - Management Science Program

Curbside Manner: Stress First Aid for the Street

Learning Objective: *The student shall be able to explain how Curbside Manner: Stress First Aid for the Street can be used to assist the citizens whom fire and rescue organizations serve, and to identify each of the five core principles.*

Curbside Manner: Stress First Aid for the Street is a series of simple, supportive actions that can be used when assisting distressed or disoriented individuals and families.

These actions should be integrated into your duties in a natural, seamless way and used only when they do not interfere with your primary responsibilities and actions. They involve only a small amount of effort on your part, but these actions can make a huge difference in how the citizens you serve recover from the stress of what has happened to them.

Curbside Manner is based on five principles to help accident and disaster survivors recover from those experiences.

1. **Cover** means helping people to regain a sense of safety after a traumatic event. This can involve removing them from the scene, protecting them from onlookers, or simply letting them know that you are there to help them.
2. **Calm** implies helping people return to a calm equilibrium quickly. Responders can assist by staying calm themselves, showing understanding for their situation, and coaching affected individuals in ways to calm themselves.
3. **Connect** means helping people gain access to sources of social support. This can involve reconnecting people with their family and pets, or enlisting neighbors or friends to assist.
4. **Competence** implies helping people to meet their own needs by promoting their access to resources. This can be done by helping people secure basic needs such as water or blankets, or transferring them to social service agencies that can assist.
5. **Confidence** involves supporting affected individuals in ways that will help them to regain a sense of hope and confidence about themselves and the future. Helping them to reduce self-blame and guilt can help, as can letting them know that you might have made the same choices in a similar situation.

The principles taught in Curbside Manner are also the core principles of the National Fallen Firefighters Foundation's Stress First Aid for Fire and EMS Personnel course. SFA was initially developed as a peer support model for use in military operational settings as Combat and Operational Stress First Aid. SFA was adapted from the military support model to be used by fire and rescue organizations; it was intended to help firefighters and their leadership care for their own in times of acute distress such as following a line-of-duty death, a multiple fatality incident or another potentially traumatic event. Both Curbside Manner and SFA support **Firefighter Life Safety Initiative 13**, which states that firefighters and EMS personnel must have access to behavioral support.



Taking just a few moments to help those who have suffered an emergency can go a long way toward defusing their anxiety

Hurricane JOAQUIN Preparedness

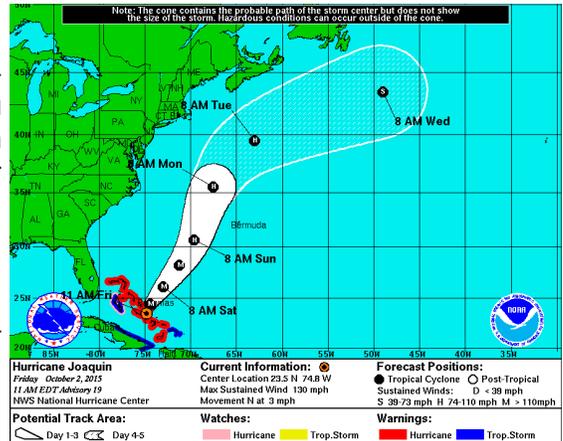
Know where to go. If you are ordered to evacuate, know the local hurricane evacuation route(s) to take and have a plan for where you can stay. Contact your local emergency management agency for more information.

Put together a disaster supply kit, including a flashlight, batteries, cash, first aid supplies, and copies of your critical information if you need to evacuate.

If you are not in an area that is advised to evacuate and you decide to stay in your home, **plan for adequate supplies** in case you lose power. Make sure to **have enough water for several days** in the event that you are not able to leave due to flooding or blocked roads.

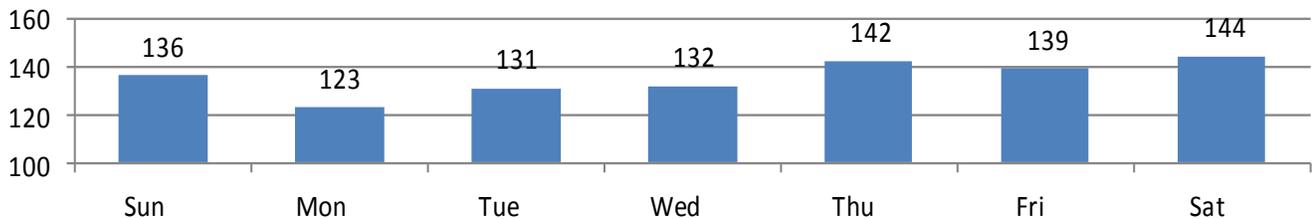
Make a family emergency communication plan.

To find out what alerts are available in your area, search the Internet with your town, city, or county name and the word "alerts."



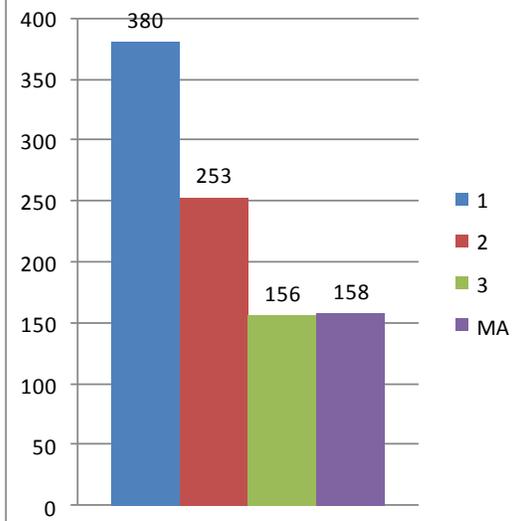
Belmont Fire Department's 2015 YTD Statistics

2015 Incidents by Day of Week YTD



Description	Count
BLS Alpha or Bravo	291
ALS Charlie	98
ALS Delta	100
ALS Echo	26
MVA Alpha or Bravo	41
MVA Delta	12
MVA With Extrication	4
Fire Response	152
Hazardous Materials Response	21
Mutual Aid Response	158
No Medical Incident Found/No Patient Contact	1
Service Call	34
Storm Response	9
Total	947

2015 Incidents by District



Belmont Fire Department
PO Box 837
14 Gilmanton Rd
Belmont, NH 03220

Phone: 603-267-8333
Fax: 603-267-8337
E-mail: bfd@belmontnh.org



"In Omnia Paratus"
(In all things ready)

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BFD Mission Statement

The mission of the Belmont Fire Department is to provide fire, emergency medical, and fire prevention services in a caring and compassionate manner. To be prepared to respond to any request for assistance and to ensure that every member of the department returns home safely.

BFD Vision Statement

The Belmont Fire Department will continuously work to meet the changing needs of our community by striving to be the premiere fire department in the Lakes Region. We will do this by maintaining a high level of readiness and by focusing on the professional development and training of all our personnel.

OUR CORE VALUES

All members of the Belmont Fire Department adhere to the following values:

Service - We strive for excellence in the service we deliver through on-going evaluation and involvement.

Teamwork - We embrace the concept of teamwork through skillful communication and personal cooperation to achieve our common goal.

Accountability - We are responsible, as professionals and individuals, for our actions.

Integrity - We act ethically, we expect honesty, loyalty and dedication.

Respect - We practice mutual respect by setting a personal example of trust and fairness.