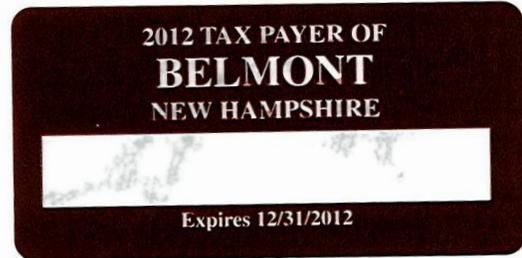


Our Community Newsletter June 2012

Town Clerk Tax Collector

The Town Clerk's office would like to remind everyone that you do need a beach sticker to be able to go to the Leslie Roberts Beach. A sticker can be obtained at the Town Hall from Monday- Friday 7:30-4pm. Full-time Belmont residents need only bring a copy of their registration. Out of state part-time residents need to bring a copy of their tax bill. All residents will need their plate #. As always the stickers are free!!!



TAXES-TAXES-TAXES-TAXES-TAXES-TAXES-TAXES

Just a reminder Property Taxes are due July 2nd. Please note we do not send copies of your tax bill to your mortgage company. It would be in YOUR best interest to send a copy YOURSELF!! Also if you would like a payment receipt please send the whole bill with a self addressed stamped envelope and we will gladly mail you one! Don't forget you can now pay ONLINE!! Our website is up and running to make your payments, & see your tax history. If you have any questions please call Tracey and she will be happy to walk you through the process.

"It always seemed to me that the herbaceous peony is the very epitome of June. Larger than any rose, it has something of the cabbage rose's voluminous quality; and when it finally drops from the vase, it sheds its petticoats with a bump on the table, all in an intact heap, much as a rose will suddenly fall, making us look up from our book or conversation, to notice for one moment the death of what had still appeared to be a living beauty."

Did you know it is National Adopt a Cat month??? Here are some pictures of my cat Smokey and a co-workers cat Max



Smokey



Max

Just a Little Info...

There is a leash law in Belmont and it is the state law under RSA 466:30-a, the Dog Control Law which says:

I. Notwithstanding any other provisions of this chapter, it shall be unlawful for any dog to run at large, except when accompanied by the owner or custodian, and when used for hunting, for guarding, working, or herding livestock, as defined in RSA 21:34-a, II(a)(4), for supervised competition and exhibition, or for training for such. For the purpose of this section, "accompanied" means that the owner or custodian must be able to see or hear, or both, or have reasonable knowledge of where the dog is hunting, where training is being conducted, where trials are being held, or where the dog is guarding, working, or herding livestock. Nothing herein provided shall mean that the dog must be within sight at all times.

II. In this section, "at large" means off the premises of the owner or keeper and not under the control of any person by means of personal presence and attention as will reasonably control the conduct of such dog, unless accompanied by the owner or custodian.

III. Any authorized person may seize, impound or restrain any dog in violation of this section and deliver said dog to a person or shelter authorized to board dogs. Such dogs shall be handled as strays or abandoned dogs pursuant to applicable laws.

IV. In addition to impounding a dog found at large or in violation of this section, any local law enforcement officer may issue, in the name of the owner or keeper of such dog, a notice of violation for a nuisance dog pursuant to RSA 466:31, II(a).

V. The provisions of this section shall not be effective in any city or town unless adopted by a city or town pursuant to RSA 466:30-b.



"June is the month of dreams, I think;
Gardeners watch their roses, pink.
Birds leave the nest and try their wings
And songbirds learn just how to sing.
Brides have planned for the perfect day
When to their love their vows will say.
June is a month of graduations;
Proud parents give congratulations.
The birth of baby girls and boys
Makes us look at tiny toys.
First communions are realized;
Decisions taken to change lives.
Recitals seem to be everywhere;
Dancing and music is in the air.
June is the month to sing your joy -
the month of dreams for you to enjoy."

May Crossword Puzzle Answers

S	A	S	S		Y	O	G	I	S		F	O	U	L	
A	R	U	T		A	G	O	R	A		O	R	S	E	
G	I	V	E	T	H	E	N	O	D		R	E	A	D	
O	A	S	E	S		E	G	A	L		S	O	F	A	
				D	A	M			M	E	S	H			
L	E	T	S	D	O	W	N		R	O	A	D	I	E	
M	C	I		I	B	O	O	K		B	M	O	C	S	
N	O	T	S		O	S	O			E	N	E	S		
O	L	A	N	D		F	E	T	A	S		D	I	A	
P	I	N	U	P	S		S	O	R	O	R	I	T	Y	
				G	I	L	A			C	R	U			
A	P	I	G			U	S	M	C		E	S	K	E	R
P	O	H	L			R	E	A	L	E	S	T	A	T	E
S	L	O	E			P	A	D	U	A		E	T	A	S
O	O	P	S			S	T	E	E	R		D	E	L	T



2nd Annual **Cruisin' the Village** *Classic Car Show*

Sat. June 23rd 2012 8:00am to 1:00pm

Downtown Belmont, NH

Rain Date: Sun June 24th. Registration opens at 8:00am

Come join us for a fun-filled day of great food, great music and some of the coolest cars in New England. Music, food, prizes, giveaways, raffles and trophies awarded in several classes including Best in Show.

All proceeds benefit the Belmont Heritage Commission and the Belmont-Gilford Boys Hockey Team

Registration fee-\$20 per car. Call for multi-car discount.

Contact Ron Cormier for more info @ 603-520-9018 or visit www.belmontnh.org

FIRE PERMITS

Frequently Asked Questions:

- Q.** Do I need a burning permit if I am using a fire bowl/chimera/outdoor fire pit?
- A.** A permit must be acquired for ANY outdoor burning regardless of the location of the fire.
- Q.** Where can I get a burning permit?
- A.** Permits can be acquired at the Belmont Fire Station located at 14 Gilmanton Rd. Belmont NH.
- Q.** What does it cost for a burning permit?
- A.** There is no charge for a burning permit
- Q.** Can I get one permit for a whole year?
- A.** Seasonal permits can be issued for certain types of outdoor fires. A seasonal permit requires an inspection of the burn location and can only be issued for category I fires such as fire bowls, camp fires, and cooking fires. A seasonal permit will not be issued for burning brush piles.
- Q.** Can I get a permit for more than one day?
- A.** Permit are issued for the day of the burn only and must be acquired on the day you intend to burn.
- Q.** If I am doing everything correct but someone complains about my fire do I have to put it out?
- A.** If you are following all forestry laws and someone calls to complain about your fire the fire department will respond to your residence to determine if the fire is a nuisance fire. A nuisance fire is one where the smoke or other by product of combustion is causing a nuisance to other area residents. Although rare on some occasions you may be asked to extinguish your fire until conditions are such that the nuisance can be greatly reduced. (A change in the weather will normally allow you to continue to burn)



Belmont Senior Center

June 2012

Brenda Stark Fortier,
Director

267-9867

Belmont Senior Center
14 Mill Street
Belmont, NH 03220
Email:

bfortier@bm-cap.org

Serving Communities of:

Belmont
Canterbury
Gilford
Gilmanton
Loudon

Hours:

Mondays 10:00-2:00
Tuesday-Friday
8:00-2:00

Community Dining
M-W-Th
12:00

Breakfast—Friday
10:00 a.m.

Door-To-Door
Transportation
Wed. & Thur.
8:30—1:30

Service Link Resource
Center
1-866-634-9412
528-6945

Stay Tuned for
Summer Picnics @
the Belmont Beach!!

SPECIAL EVENTS

Fri. 1st: café Bon Appetite is open serving: Breakfast sandwich, melon slice, Juice

Thur. 7th: 9:00 Bone Builders
12:30—Bingo

Fri. 8th: Café Bon Appetite is open serving: scrambled eggs, wheat toast, bacon, home fries & apple juice; Klunk @ 9:00

Tue. 12th 9:00 Bone Builders;
12:30 Art Class in computer room.
10:00-2:00 **Senior Companion Meeting in Dining Room**

Wed. 13th: Wii Bowling @ 10:00
Birthday Celebration lunch

Thu. 14th: 9:00 Bone Builders
12:30 Jessalyn from Health South

Fri. 15th: Café Bon Appetite is open serving: **Father's Day Brunch.**

Tue. 19th: 9:00 Bone Builders;
11:00-1:00 cookout on side yard

Fri. 22nd: Café Bon Appetite is open serving: Fresh Fruit plate, Hard-boiled egg, cheese, croissant w/Jam, & Orange Juice Klunk @ 9:00

Tue. 26th: Diner's Club

Wed. 27th: Advisory/Activities Meeting

Thu. 28th: 9:00 Bone Builders

Fri. 29th: Café Bon Appetite is open serving: Pancakes, sausage links, yogurt w/strawberries and pineapple juice.

Fri. 22nd: Café Bon Appetite is open serving: Fresh Fruit plate, Hard-boiled egg, cheese, croissant and Jam.

Daily Activities

We have a Wii, with golf, bowling, baseball and tennis, computers, games, TV, movies, books and puzzles are available for your use and enjoyment.

Mondays

9:00 a.m.—cards

Tuesdays

9:00—10:00 a.m. Bone Builders (by donation) 12:30—Art Classes 1:00 p.m. Foot Clinic 2nd Tuesday, even-numbered months.

Wednesdays

10:00 a.m. Wii Bowling
11:30 a.m. Café Bienvenue serving soup, salad, an entrée with side dishes
9:00 a.m. 4th Wednesday—Advisory Council, Activities Committee Meeting.

Thursdays

9:00 a.m. Bone Builders

Fridays

9:00 a.m.: Klunk 2nd and 4th Friday
Café Bon Appetite is open @ 10:00 serving hot breakfast items prepared in our kitchen.
We have Bingo monthly.
Bi Monthly Foot Clinics: 2nd Tuesday of even-numbered months. Please call for an appointment time. A \$15.00 donation is requested.

Art classes

Tuesday @ 12:30

Wrinkled was not one of the things I wanted to be when I grew up!

Conservation Commission

CONSERVATION COMMISSION PARTNERS WITH THE STUDENT CONSERVATION ASSOCIATION

On May 15th, a six-member crew from the [Student Conservation Association \(SCA\)](#) arrived in Belmont for a ten day “hitch” removing the non-native, invasive plant, Glossy Buckthorn (GB) from the Tioga River Wildlife and Conservation Area (TRW&CA). This is the second year of a two year project that the BCC has undertaken to begin to address the infestation of GB on this, the highest rated wildlife habitat in Belmont. Last year, an SCA 6 person crew worked a 20-day hitch, which along with this year’s 10-day hitch was funded by a NH Dept. of Environmental Services (DES) Aquatic Resource Mitigation (ARM) Fund grant of \$30,000. These intrepid young adults battled ticks, heat, and thunderstorms to pull everything from seedlings to saplings, removing as much of the root system of each plant as practical.



2012 SCA Crew

Tracy Tarr Photo

The ARM Fund is financed through compensatory mitigation for large wetlands and other aquatic resource impacts that cannot be addressed by avoidance, restoration, creation or preservation. The grant funds remain in the watershed where the resource impact occurred. [Click to go to NHDES Wetland Mitigation Program.](#) DES is using this two-year eradication effort as a test project to determine if ARM money is well-spent funding invasive removal projects.



Donna Rhodes Photo - Winnisquam Echo
Click Photo to read Echo article.

A highlight of this year’s hitch was volunteer help provided by Belmont High School students from Liz Tardugno’s Civics and Dan Pleeter’s Science classes. A number of the kid’s commented that they didn’t realize that the TRW&CA property existed and was open to the public. Congrats to the freshman girls who showed everyone up by removing the largest clump of GB of the day! Students expressed interest in the backgrounds of the SCA crew and wondered if it’s possible for them to become involved. SCA does offer programs doing important conservation work throughout the country for high school aged kids. [SCA High School Program](#)

The BCC understands the truly daunting task at hand if we are to ever get ahead of this rapidly spreading, highly invasive plant. This is a many years-long project that will take persistence and perseverance in order to succeed. Keep on the lookout for requests for volunteers to help in continuing this removal effort.



2011 SCA Crew and Glossy Buckthorn Burn Pile BCC Photo

"Nothing is more memorable than a smell. One scent can be unexpected, momentary and fleeting, yet conjure up a childhood summer beside a lake in the mountains..."

Best Management Practices for Food Service Establishments (FSE)

Fats, oil and grease can be managed effectively in the food service industry to minimize the discharge to the sewer system and decrease the required maintenance of grease interceptors. By preventing the introduction of grease into wastewater you reduce the burden on the grease interceptor and thus reduce maintenance time, costs and disposal fees. The Best Management Practices offered here are techniques used throughout the industry, and have proven effective when implemented properly and consistently.

Train Kitchen Staff:

Train kitchen staff in management practices and methods to reduce the volume of grease discharged to the sanitary sewer system. Train them to be aware of problems created by grease in the sewers system, possible violations and fines and the cost of cleaning clogged pipes. Even a small amount of grease on each pot, pan or plate can be substantial when you serve hundreds of meals per day.



Post “NO GREASE” Signs:

By posting “No Grease” signs above sinks, on dishwashers and near other grease discharge points, it serves as a constant reminder to keep grease out of the system.

Dry Wipe Pots, Pans, and Dishwasher Prior to Dishwashing:

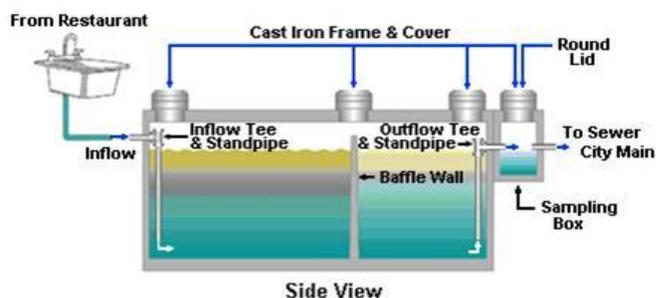
Food, fats, cooking oil and grease remaining in pots and pans should be dry wiped or scraped out in the trash prior to wet washing. In some establishments this can substantially reduce Fat’s Oil and Grease (FOG) discharged to your grease interceptors. Disposing of grease by recycling or garbage is less expensive than pumping out and hauling away FOG from a grease interceptor.

Do Not Dispose of Waste Food Through a Garbage Disposal:

Ground up food scraps will settle in the grease interceptor and take up valuable space. This will lower the detention time in the grease interceptor and result in reduced efficiency. Instead, recycle or dispose food scraps as a solid waste. This will also help reduce the frequency of grease interceptor cleanings.

Clean Grease Interceptor Routinely and Keep Records:

Routine cleanings and inspections will ensure proper operation of the interceptor. Make note of the grease level and record it in a maintenance log. If the grease level is at its maximum, the cleaning frequency should be increased. Conversely, if best management practices are being implemented effectively and the grease in



the unit is minimal, then the cleaning frequency may be reduced. Grease interceptors that are not cleaned regularly can produce very unpleasant odors.

Witness Cleaning and Maintenance Events:

The on duty manager should witness all cleaning events of all in-ground interceptors to ensure they are performed completely and properly. This will ensure that plumbers/haulers are not taking any shortcuts. To properly clean the interceptor the entire contents must be removed, including grease cap (floating grease) and sludge pocket (settled solids). Failure to remove the sludge pocket in the bottom will result in lowered total capacity and reduced detention time. The manager should also be sure removable baffles are replaced after cleaning.

For under sink traps be sure to follow manufacturers recommendations.

Inspect the Grease Interceptor During Maintenance:

The design of most grease interceptors is very simple, but each part serves an essential function. The baffles must be in place and properly positioned to be effective. Covers must fit properly so they do not leak. In-ground interceptors should be examined for cracks, which could allow wastewater to leak out or ground water to leak in.

Bacteria and Enzymes May Help:

Some facilities have used bacteria and or bacterial enzymes to reduce the cleaning frequency of their interceptors. These bacteria are specifically selected for their ability to break down fats, oils and grease. Facilities have had varying levels of success. The Department of Environmental Services cannot confirm the effectiveness of this method.

Belmont Parks & Recreation News



The Belmont Parks & Recreation Summer Camp is filling up, with a few full time spots available and a few spaces available for part time campers. Camp Director Liz Brulotte and Assistant Camp Director Lori Kjellander have already started working on fun crafts and games for our campers. Most of our summer camp counselors are returning this summer and they cannot wait to for the first day of camp on June 25th. We have six great field trips planned for this summer including a return trip to Whales Tale Waterpark, and Canobie Lake Park.

Parks and Rec has a number of summer programs for children and adults including a 4 week archery class with Archery in Motion at the Belmont Elementary School Athletic Field in July. Phil Eisenmann will be teaching tennis lessons at Sargent Park; improve your game or learn to play during the 6 week course. Golf is a great sport for the entire family our lessons are taught by Randy Annis at Bolduc Park in Gilford, for 3 weeks in June.

Jim White a Belmont Middle School Coach will be instructing a soccer clinic at Bryant Field for children 3 years to 8th grade in July. A new Boot Camp Class for adults with Renee Boles will start in June at the old Winnisquam Fire Station. The Boston Red Sox take on the Chicago White Sox in this evening game at Fenway Park. Our trip includes round trip motor coach from Belmont and tickets to the game on July 17th, receive a discount when you buy a pack of 4 tickets.

The Leslie E. Roberts Town Beach will be open with staff starting June 16th, beach decals are required. Please visit Town Hall for your 2012 beach decal.

Additional summer programs are being planned including swim lessons more information to come soon! Don't miss out on any of the fun ask to be added to our e-mail list or **LIKE** us on Facebook for instant updates.

Janet Breton
Recreation Director

Town of Belmont
PO Box 310
Belmont, NH 03220

Website: www.belmontnh.org
E-mail: recreation@belmontnh.org
Phone: 603-524-4350

Belmont Park & Recreation

Have some FUN at a great discount!



Water Country

Admission Ticket

\$29.99 per ticket

(48" tall and up)

*The discounted ticket price is for 48" and taller patrons, under 48" the price is \$24.99 and must be purchased at the park.

Funtown Splashtown USA

Combination Ticket

Rides and Water Park

\$27.00 per ticket

(38" tall and up)

*Provides two rides on the Grand Prix Racers and unlimited use of all other rides, slides and pools.

Tickets are good for admission any day during the 2012 season. Call Belmont Parks and Recreation office to purchase tickets, cash only, and no refund.

Public Library



BELMONT PUBLIC LIBRARY LAUNCHES SUMMER READING PROGRAM FOR 2012

Belmont Public Library invites children and families to participate in the 2012 Summer Reading Program. The purpose of this annual program is to encourage reading for pleasure, away from a structured classroom environment. This year's theme, "Dream Big – Read!", will focus on all things nocturnal – dreams, stars, the night sky, bats & owls and the dark! Special activities are planned by the Library throughout the summer and are free to children and their families.

Registration begins on July 2nd. Children who sign up will receive a bookmark and chart to record reading progress and may choose prizes from the Reading Treasure Chest. There are activities and performers scheduled each week. Story time will be held on Wednesday mornings at 10:30 a.m. and families are warmly invited to attend.

SCHEDULE OF EVENTS:

<i>Friday, July 6</i>	<i>Simon Brooks, Storyteller @ 3 p.m.</i>
<i>Thursday, July 12</i>	<i>Fairy Houses (registration required) @ 2 p.m.</i>
<i>Friday, July 20</i>	<i>Hampstead Stage Company presents <u>Pinocchio</u> @ 3 p.m.</i>
<i>Saturday, July 28</i>	<i>Lindsay and Her Puppet Pals @ 10:30 a.m.*</i>
<i>Thursday, Aug. 2</i>	<i>Origami (registration required- p.m.) @ 2 p.m.</i>
<i>Saturday, Aug. 11</i>	<i>Belmont Old Home Day Book Sale @ 9-1</i>
<i>Wed. , Aug. 15</i>	<i>Up All Night in NH presented by the Children's Museum of NH 10:30 a.m.</i>

*Thanks to a grant from the Byrne Foundation, CHILIS, Cogswell Benevolent Trust, the New Hampshire Library Association, New Hampshire State Library, and U.S, Institute of Museum and Library Services.

As you make summer plans, please remember that the Library also offers Internet use, movies, books and audio books. There are passes available to:

- Squam Lakes Natural Science Center
- McAuliffe-Shepard Discovery Center
- Currier Museum of Art

These are available to anyone in Belmont who has a Library card.

For more information, call us at 267-8331 or visit our web page at www.belmontpubliclibrary.org.



Town Administrator's
Monthly Report
June 2012

We would like to thank the American Legion for their efforts to raise funds for the new Welcome to Belmont banners. The banners look great!

Notice to Bid on the Town's Revitalization Project will be going out the first week of June with an anticipated start date in early July. Please continue to monitor ourvillage@belmontnh.org for updates.

The Board of Selectmen at their meeting on May 21, 2012 amended the Town's Solid Waste Ordinance definitions relative to Commercial and Residential property. Effective July 1, 2012 in accordance with the ordinance adopted by Town Meeting in March 2005, the Town's solid waste contractor will no longer collect trash at properties having 4 or more dwelling units. Copies of the ordinance can be found on the Town's website at www.belmontnh.org.

The Town of Belmont is a member of the Lakes Region Cable Television Consortium which has been meeting since early summer 2011 relative to our Cable TV Franchise Agreement with Metrocast which is due to expire in December 2013. We have been meeting monthly and Consortium minutes are available on the Town's website, www.belmontnh.org. As more information becomes available it will be posted to the site. Please send any comments regarding the renewal process to jbeaudin@belmontnh.org.



We would like to remind residents/taxpayers that recycling bins are available at Town Hall so if you

haven't picked up your bins (2 per household), please stop by and see Tracey Russo.



Tax Bills were issued the week of May 15th and are due July 2, 2012. Just a reminder that you can pay your tax bill online at www.belmontnh.org; the current tax is a prepayment based on the prior year's assessment and tax rate. The first tax bill of the year is the bill you receive in the fall. An abatement can be filed following receipt of the fall bill if you wish to contest your assessed value.

REMINDER – School will be out soon, please drive safely.



June 17th Fathers Day



<u>What</u>	<u>When</u>	<u>Where</u>
Laconia Main Street Outdoor Marketplace	Every Thursday 3 – 7pm	In the parking lot between Pleasant and Main Street Downtown Laconia, NH
Peter Makris Memorial Run	Saturday, June 9, 2012, 9am – 9pm	NASWA Resort, 1086 Weirs Blvd., Laconia, NH NASWA Resort: (603) 366-4341 or info@naswa.com
Annual Boys & Girls Club of the Lakes Region Benefit Golf Tournament	Monday, June 11, 2012	Laconia Country Club, 607 Elm Street, Laconia, NH 03246 More info @ Scott Knowles - scottknowles@metrocast.net 603-455-7751
Laconia Main Street Outdoor Marketplace	Thursday, June 14, 2012, 3 – 7pm	In the parking lot between Pleasant and Main Street Downtown Laconia, NH
89th Loudon Classic	06/15 - 06/17/12	NH International Speedway www.nhms.com
Exit 20 Farmers' Market at Tanger Outlets Tilton	Wednesday, June 20, 2012, 3 – 6pm	Tanger Outlet Center 120 Laconia Road Tilton, NH 03276
Classic Car Show	June 23, 2012	Downtown Belmont For more info @ www.belmontnh.org
Tanger Outlets Tilton Craft Show	Saturday, June 23, 2012, 10am – 5pm	Tanger Outlet Center 120 Laconia Road Tilton, NH 03276
"White Marriott the Hobo Balloonist" Aboard the Winnepesaukee Scenic Railroad	June 25-29, 2012	Winnepesaukee Scenic Railroad 154 Main Street Meredith, NH 03251 www.hoborr.com .

"It amazes me that most people spend more time planning next summer's vacation than they do planning the rest of their lives."



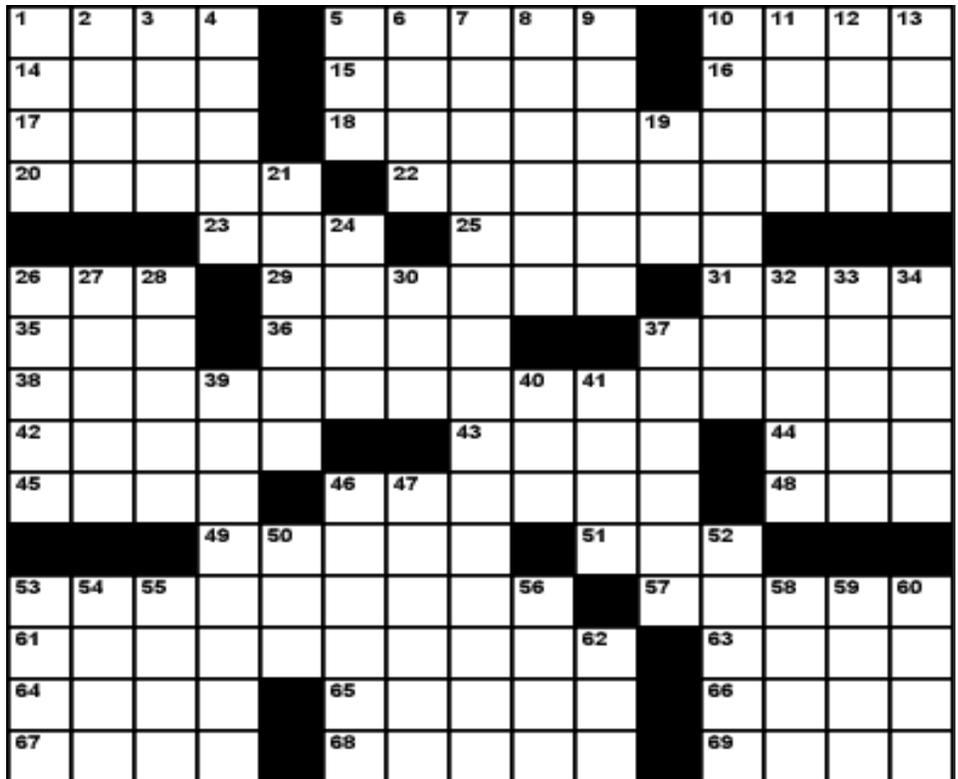
'Kiddie Show Reruns' Crossword by Dave Fisher

Across

1. Fewer
5. Deals
10. Poker call
14. Nevada's 51, for instance
15. Expect
16. Exxon competitor
17. Fertilizer
18. Like a seven year itch
20. Suit
22. Right in the navy
23. Stanley Cup assoc.
25. put ___ to the ground
26. Dick's Taylor
29. Forgetful
31. Sound equipment
35. First words of "Clementine"
36. Hot spot
37. Send a message
38. Clarabell's successor
42. Place for a jack
43. Excited
44. Remove the insides
45. Eyedropper
46. Eminence
48. It's the capital of Singapore
49. Came with, in Dogpatch
51. Tofu ingredient
53. Part of a hearing test, maybe
57. Overcharge
61. Places for star gazers
63. Kentucky's famous fort
64. "Smooth Operator" singer
65. Intense discomfort
66. Slight advantage
67. Baseball Hall-of-Famer, Slaughter
68. Item in a rock collection
69. Water closets

Down

1. Mary's companion



2. Canal opened in 1825
3. Egomaniac's preoccupation
4. Smooth fabric
5. Not in Notre Dame
6. Bedazzles
7. A.k.a. Bob Keeshan
8. Super Bowl XXXIV losers
9. Cubic meters
10. View
11. Song for the 'fat lady'
12. Wound remnant
13. Auctioneer's word
19. Basket maker's org.?
21. Pharynx
24. First name in jeans
26. Authorised
27. Foolish
28. Famous Frank
30. The Bare Naked Ladies, in reality
32. Homer's wife
33. Pope-like
34. Openings in Las Vegas
37. Lait de poule
39. Paddle wheels, e.g.
40. Back in time
41. "___ The Time", Charlie Parker classic
46. Disorderly
47. Tee off
50. Target for 17 Across
52. Hayseed
53. Altar area
54. ___ Bator
55. Part of a pedestal
56. Obey
58. Cancel
59. Kind of boots
60. Divorcees have them
62. Affirmative

"It is better to be a young June-bug than an old bird of paradise"





SHAKER SUMMER FOOD SERVICE PROGRAM



The Shaker Regional School District would like to help eliminate summer hunger by offering meals from the USDA Summer Food Service Program this summer. This program, sponsored by the New Hampshire Food Bank will provide meals to all children, up to the age of 18, **without charge** on a first come first serve basis. All children in the Shaker Regional School District are welcome to a meal and there is no application required.

Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided

5 days per week between June 25th and August 3rd and must be consumed on-site. There will be no meals served on July 4th. Meals will be served at the sites and times as follows:

Belmont Elementary School

Breakfast: 7:30-8:30

Lunch: 11:30-1:30

Belmont Middle School

Breakfast: 7:30-8:30

Lunch: 11:30-1:30



Breakfast – 1 Week Cycle Menu

Lunch – 2 Week Cycle Menu

Week 1 – Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
	Scrambled Eggs Home Fries Apple Crumble Milk	Pancakes w/syrup Blueberries Sausage Milk	Breakfast Taquito's Home Fries Warm Salsa Milk	French Toast Turkey Hash Warm Strawberries Milk	Assorted Cereals Milk Fresh Fruit Milk
Week 1 – Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
	Mac & Cheese with Ham Green Beans Applesauce Milk	Chicken Nuggets Veg. Fried Rice Mixed Vegetables Fresh Fruit Milk	Fresh Deli Meat Sandwiches Veggies & Dip Fresh Fruit Milk	Pasta w/Meatballs Green Beans Warm Sweet Potato Pie Milk	Roasted Turkey Mashed Potatoes Corn Fresh Fruit Milk
Week 2 - Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
	BBQ Chicken Au Gratin Potatoes Butternut Squash Applesauce Milk	Shepard's Pie Mixed Vegetables Apple Crumble Milk	Fresh Deli Meat Sandwiches Veggies & Dip Fresh Fruit Milk	Chicken Broccoli Alfredo Sliced Carrots Warm Sweet Potato Pie Milk	Salisbury Steak Mashed Potatoes Butternut Squash Frozen Fruit Sorbet Milk

Monthly Recipe

These are “oh my gosh good!!!” A dear friend made them for our Annual Memorial Day party and they were a HUGE hit! So Thank-you Bonnie for yet another yummy recipe! Paired with a side salad they would make a great lunch.

Seafood & Cream Cheese Stuffed Shells Recipe

- Prep: 50 min. + chilling
- Yield: 36 Servings

Ingredients

- 1 package (12 ounces) jumbo pasta shells
- 2 packages (8 ounces each) cream cheese, softened
- 1/3 cup mayonnaise
- 2 teaspoons sugar
- 1-1/2 teaspoons lemon juice
- 1/8 teaspoon salt
- 1/8 teaspoon coarsely ground pepper
- 1/8 teaspoon cayenne pepper
- Old Bay Seasoning to taste
- 2 cans (6 ounces each) lump crabmeat, drained
- 1 package Imitation Crabmeat finely chopped
- 1/2 pound frozen cooked salad shrimp, thawed
- 12 green onions, finely chopped



Directions

- Cook pasta according to *package directions; drain and rinse in cold water. Cool to room temperature.
- In a large bowl, combine the cream cheese, mayonnaise, sugar, lemon juice, salt, pepper and cayenne. Gently stir in the crab, shrimp and onions. Stuff shells, about 2 tablespoons in each. Cover and refrigerate for at least 1 hour. **Yield:** about 3 dozen.
- *Please note cooking pasta to package directions will leave your pasta “Al Dente” which means it will still be slightly firm in the middle so if you prefer “softer shells” cook an extra 2-3 minutes.

Town of Belmont
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We're on the web!
www.belmontnh.org

June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Please see the Town of Belmont Website for more Recreation Programs in the month of June www.belmontnh.org			1.	2.
3.	4.	5. LR Girls Softball 6:30 @ CMH	6. Con Com 6:00 @ CMH BHS Class night/Senior Awards 6:00 Story Time @ Library 10:30	7. Explorers 6:00 @ CMH Boy Scout Mtg. @ BMS 6:30-8 BMS 8th Grade Dinner/Dance Knitting @ Library 6:00	8. Graduation @ Meadowbrook 6:00	9. Lego Club 10:30 @ Library
10.	11. BOS @ CMH 5:00	12. Boot Camp 6:30 @ Old Winni Fire Station Library Trustee Mtg 6:30 @ Library	13. BMS 8th grade promotion 6:00 Story Time @ Library 10:30	14. Explorers 6:00 @ CMH Boy Scout Mtg. @ BMS 6:30-8 SRSD Mtg. 6:00 @ CES Knitting @ Library 6:00	15.	16.
17.	18.	19. Boot Camp 6:30 @ Old Winni Fire Station Book Discussion 7:00 @ Library	20.	21. Explorers 6:00 @ CMH Knitting @ Library 6:00	22.	23. Classic Car Show 8-1 Downtown Belmont
24.	25. BOS @ CMH 5:00 Planning 7:00 @ CMH	26. Boot Camp 6:30 @ Old Winni Fire Station	27. Zoning 7:00 @ CMH	28. Explorers 6:00 @ CMH SRSD Mtg. 6:00 @ CES Knitting @ Library 6:00	29.	30.