

# Our Community Newsletter

## News from Great Brook Village

On May 18 at our coffee social we said goodbye to Anna who works in the village office. She and her husband are moving to Martha's Vineyard, and will be living on a boat. The residents surprised her with a bag of rolo's and a bag of coffee. The residents were sad to see her go but wish her the best of luck in her new venture.

One of GBV resident Annette Crosson has made a queen size quilt to be raffled off at the Classic Car show at the Belmont Mill on June 4, 2011. We here at the village are trying to get more involved with town activities.

This is the time of the year everything starts blooming and boy didn't the flowers that were planted last fall around the Belmont Mill and at Penstock Park look so good, and here in our village all the flowering trees are in bloom too. Now if only we could see some sun!



### **1<sup>st</sup> Annual Crusin' the Village Classic Car Show**

Saturday June 4<sup>th</sup> 8-4 Downtown Belmont Rain  
Date Sunday June 5<sup>th</sup> Registration opens at 8  
a.m. Come join us for a fun-filled day of great  
food, great music and some of the coolest cars  
in New England. Music, food, prizes, giveaways,  
raffles and trophies awarded in several classes  
including Best in Show.

All proceeds benefit the Belmont Heritage  
Commission and the Belmont-Gilford Boys  
Hockey Team

Registration fee-\$20 per car. Call for multi-car  
discount.

Contact Ron Cormier for more info @ 603-520-  
9018 or visit [www.belmontnh.org](http://www.belmontnh.org)



"Roses are red,  
Violets are blue;  
But they don't get around  
Like the dandelions do."

# Belmont Public Library

## One World, Many Stories

### BELMONT PUBLIC LIBRARY LAUNCHES SUMMER READING PROGRAM for 2011

Belmont Public Library invites children and families to participate in the 2011 Summer Reading Program. The purpose of this annual program is to encourage reading for pleasure, away from a structured classroom environment. This year's theme, "One World, Many Stories", will focus on the wide world and its diverse cultures, explored through stories, drama, crafts, and music. Special activities are planned by the Library throughout the summer.

Registration begins on June 30<sup>th</sup>. Children who sign up will receive a bookmark and chart to record reading progress and may choose prizes from the Reading Treasure Chest. There are programs and performers scheduled each week. Story time will be held on Wednesday mornings at 10:30 a.m. and families are warmly invited to attend. Programs are held on the Library grounds except in cases of extreme bad weather, when they will be held in The Corner Meeting House. All activities are free of charge.

#### Schedule of events:

- Thursday, June 30 The Hampstead Players present "Aladdin" @ 3 p.m.
- Thursday, July 14 Simon Brooks, Storyteller @ 3 p.m.
- Thursday, July 28 Origami (registration required) @ 2 p.m. (ages 8-12)
- Thursday, Aug. 4 Madame Edie presents stories "en Francais"
- Saturday, Aug. 6 Belmont Old Home Day Book Sale
- Wednesday, Aug. 10 Steve Blunt Sing-a-long@ 10:30 a.m.
- Thursday, Aug. 11 Ice cream party @ 3:00 p.m. (for all summer reading participants!!)

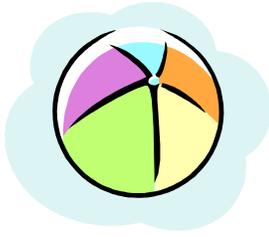


As you make summer plans, please remember that the Library also offers Internet use, movies, books and audio books. There are passes available to:

- Squam Lakes Natural Science Center
- New Hampshire History Museum
- McAuliffe-Shepard Discovery Center
- Currier Museum of Art

These are available to anyone in Belmont who has a Library card. The Library will be participating in TD Banks Summer Reading Program - "Read 10 books - get \$10". This is open to kids and is a great way to get a nice reward for reading - which is something fun to do anyway!!!! Come in to the Library for sign up information and a reading chart.

P.S. For more information, call us at 267-8331 or visit our web page at [www.belmontpubliclibrary.org](http://www.belmontpubliclibrary.org).



## Town Administrator's Monthly Report

The Board of Selectmen, Land Use Office and Police Department have been working together to review the longstanding parking issues in the Village. Final amendments to the Traffic Ordinance governing parking will be considered at a Public Hearing to be held on Monday, June 6, 2011, beginning at 5:30 p.m. at the Corner Meeting House.

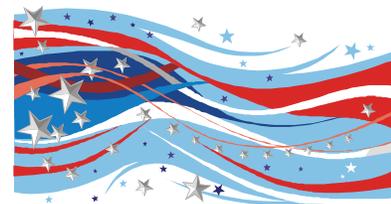
Road reconstruction and construction of new sidewalks will begin on Church Street and Monument Square mid-June. It is anticipated that the work will be complete by early September. Please be aware of possible road closures and detours during construction. Anyone with questions can contact the Town Administrator's office at 267-8300 or the Public Works Department at 528-2677.

We will be presenting information at the Selectmen's June 6<sup>th</sup> meeting regarding proposed increases in the Town's Sewer rate; this meeting will include a brief presentation on upgrades to the Winnepesaukee River Basin Wastewater Treatment Plant in Franklin. Belmont is just one of ten communities that share the costs of the operation, maintenance and capital needs of the plant. The Town of Belmont in conjunction with McGlaulin Group Auctioneers of Plymouth will be holding an auction to sell the Town's right, title and interest in Tax Deeded Real Estate on Saturday, July 23, 2011 beginning at 11:00 a.m., at the Corner Meeting House. Further information will be available soon on the real estate to be sold at [www.mcgauctions.com](http://www.mcgauctions.com).

Just a reminder to visit the Town Clerk's Office and obtain your 2011 Beach Sticker. There will be a gatekeeper at the Leslie Roberts Beach this summer to insure that everyone using the beach has a sticker.

The Board of Selectmen and Town Administrator's office continue to monitor the ongoing budget process at the State level and anticipate impacts will be known by early July for both the Town and School.

Town Hall will be closed on Monday, July 4<sup>th</sup> in celebration of the 4<sup>th</sup> of July.



The Board of Selectmen meet typically on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month beginning at 5:00 p.m., and your attendance is encouraged. Agendas are posted at Town Hall, the Post Office and on the Town's website at [www.belmontnh.org](http://www.belmontnh.org).

"Nothing is as easy to make as a promise  
this winter to do something next summer;  
this is how  
commencement speakers are caught."





**BELMONT FIRE DEPARTMENT**  
David Parenti, *Fire Chief*  
Sean McCarty, *Deputy Chief*  
P.O. Box 837 – 14 Gilmanton Road  
Belmont, NH 03220  
“In Omnia Paratus”  
(In all things ready)



With nicer weather finally here the members of the Belmont Fire Department wants to remind everyone of some important warm weather safety tips!



Check your pool fencing or pool cover if you have one. Most young children who drown in pools wander out of the house and fall into the pool. Install a fence at least 4 feet high around all 4 sides of the pool. This fence will completely separate the pool from the house and play area of the yard. Use gates that self-close and self-latch, with latches higher than your children's reach.

A power safety cover that meets the standards of the American Society for Testing and Materials (ASTM) may add to the protection of your children but should not be used in place of the fence between your house and the pool.

Review pool rules with your children and review them again whenever there are guests (children and adults) using the pool. No diving head first into the shallow sections of the pool. No swimming alone. No running, pushing or shoving.

If you own a pool, make sure you are current on your CPR certification.



If you are planning any pool parties, make sure there is a designated adult at all times who is in charge of acting as the lifeguard. Adults can take turns and have a special big or colorful hat for the designated lifeguard to wear so everyone can clearly identify who is the acting lifeguard.



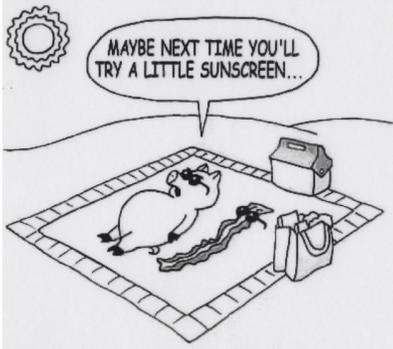
“Floaties” or other air-filled swimming aids are not recommended.



These may serve as a crutch to make adults and young children

think they are safe. If you do use these types of devices make sure you practice touch supervision with children younger than 5 years. This means that the adult is within an arm's length of the child at all times.

Get out the sunscreen and lip protection for your children and be diligent about applying and re-applying



If you have any questions or concerns about summer safety just give us a call, or better yet stop in the station for a tour and ask the on-duty crew.

Have a Fun and Safe Summer! **Chief David Parenti**

## Parks and Recreation

Belmont Parks and Recreation Summer Day Camp 6 week program will be June 27th to August 5th. Youth who are entering the 1st-8th grade in the fall are eligible to attend. Youth entering 8th-10th grade in the fall may apply to be Counselors in Training and if accepted will attend the camp at a discounted rate. We have a limited number of part time spots for campers who would like 1-4 days per week. Campers must be registered as full or part time and will risk losing their place in the program if they request any changes to their schedule.

The Camp will be held at the Belmont Middle School, Monday through Friday from 8:00AM to 4:00PM. Early drop off starting at 7:30 AM and pick up until 4:30PM is available at no extra charge. Three field trips are planned per week; two days will be spent at the Belmont Town Beach and one day at a local attraction. Field Trip admission and transportation is included in the weekly registration fee.

Janet Breton  
Recreation Director



"June is bustin' out all over."

Our neighborhood cat Dusty!

Did you know that June 4<sup>th</sup> is National Hug your Cat Day????

# News from the Conservation Commission

## Lyme disease- Borreliosis

Lyme disease is an inflammatory disease spread through a tick bite.



### Causes, incidence, and risk factors

Lyme disease is caused by the bacterium *Borrelia burgdorferi* (*B. burgdorferi*). Certain ticks carry these bacteria. The ticks pick up the bacteria when they bite mice or deer that are infected with Lyme disease. You can get the disease if you are bitten by an infected tick.

Lyme disease was first reported in the United States in the town of Old Lyme, Connecticut, in 1975. Cases have now been reported in most parts of the United States. Most of the cases occur in the Northeast, some parts of Minnesota and Wisconsin, the Mid-Atlantic States, and along the Pacific coast. Lyme disease is usually seen during the late spring, summer, and early fall.

There are 3 stages of Lyme disease.

- ⊗ Stage 1 is called primary Lyme disease.
- ⊗ Stage 2 is called secondary Lyme disease and early disseminated Lyme disease.
- ⊗ Stage 3 is called tertiary Lyme disease and chronic persistent Lyme disease.
- ⊗ Risk factors for Lyme disease include:
  - ⊗ Doing activities that increase tick exposure (for example, gardening, hunting, or hiking)
  - ⊗ Having a pet that may carry ticks home
  - ⊗ Walking in high grasses

### Symptoms

Not everyone infected with these bacteria gets ill. If a person does become ill, the first symptoms resemble the flu and include:

- ⊗ Chills
- ⊗ Fever
- ⊗ Headache
- ⊗ Lethargy
- ⊗ Muscle pain
- ⊗ There may be a "bull's eye" rash, a flat or slightly raised red spot at the site of the tick bite. Often there is a clear area in the center. It can be larger than 1 - 3 inches wide.
- ⊗ Symptoms in people with the later stages of the disease include:
  - ⊗ Body-wide itching
  - ⊗ Joint inflammation
  - ⊗ Stiff neck
  - ⊗ Unusual or strange behavior

Note: Deer ticks can be so small that they are almost impossible to see. Many people with Lyme disease never even saw a tick.

### Signs and tests

A blood test can be done to check for antibodies to the bacteria that cause Lyme disease. The most commonly used is the ELISA for Lyme disease test. A western blot test is done to confirm ELISA results.

A physical exam may show joint, heart, or brain problems in people with advanced Lyme disease.

### Treatment

Everyone who has been bitten by a tick should be watched closely for at least 30 days.

Most people who are bitten by a tick do NOT get Lyme disease.

A single dose of antibiotics may be offered to someone soon after being bitten by a tick, if all of the following are true:

- ⊗ The person has a tick that can carry Lyme disease attached to their body. This usually means that a nurse or physician has looked at and identified the tick.

- ⊗ The tick is thought to have been attached to the person for at least 36 hours.
- ⊗ The person can begin taking the antibiotics within 72 hours of removing the tick.
- ⊗ The person is over 8 years old and is not pregnant or breastfeeding.
- ⊗ A full course of antibiotics is used to treat people who are proven to have Lyme disease. The specific antibiotic used depends on the stage of the disease and the symptoms.

Anti-inflammatory medications, such as ibuprofen, are sometimes prescribed to relieve joint stiffness.

### **Expectations (prognosis)**

If diagnosed in the early stages, Lyme disease can be cured with antibiotics. Without treatment, complications involving the joints, heart, and nervous system can occur.

Rarely, a person will continue having symptoms that can interfere with daily life. Some people call this post-Lyme disease syndrome. There is no effective treatment yet for this syndrome.

### **Complications**

Advanced stages of Lyme disease can cause long-term joint inflammation (Lyme arthritis) and heart rhythm problems. Nervous system (neurological) problems are also possible, and may include:

- ⊗ Decreased concentration
- ⊗ Memory disorders
- ⊗ Nerve damage
- ⊗ Numbness
- ⊗ Pain
- ⊗ Paralysis of the face muscles
- ⊗ Sleep disorders
- ⊗ Vision problems

### **Calling your health care provider**

Call your health care provider if you have symptoms of Lyme disease.

### **Prevention**

When walking or hiking in wooded or grassy areas:

- ⊗ Spray all exposed skin and your clothing with insect repellent (spray outdoors only, do not use on face, use just enough to cover all other exposed skin, don't spray under clothing, don't apply over wounds or irritated skin, wash skin after going inside)
- ⊗ Wear light-colored clothing to make it easier to spot ticks
- ⊗ Wear long-sleeved shirts and long pants with the cuffs tucked into shoes or socks
- ⊗ Wear high boots, preferably rubber
- ⊗ Check yourself and your pets frequently during and after your walk or hike.
- ⊗ Ticks that carry Lyme disease are so small that they are very hard to see. After returning home, remove your clothes and thoroughly inspect all skin surface areas, including your scalp.

For more in-depth information – go to the Center for Disease Control – <http://www.cdc.gov/lyme/>

### **Hazardous Waste Day**

**Hazardous Waste Day will be held the last Saturday in July the 30<sup>th</sup> from 8:30-12:00 at the Belmont Fire Department. Please see our website for further information. Volunteers are always needed please call Brenda Paquette at 267-8300 ext.12**



# Code Enforcement

## Safety Tips

### From Your Building Inspector

building safety department for more information.

### The Sound of Safety

What is the most important thing to remember then installing a smoke alarm or carbon monoxide alarm?

Location! Location! Location!

#### Smoke Alarm Safety:

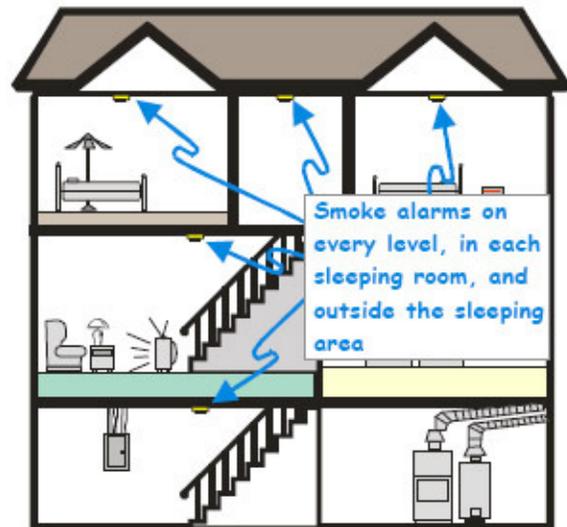
- Install at least one smoke alarm in every bedroom, outside of each sleeping room area and on each level of a multi-level building.
- Test each smoke alarm regularly.
- Keep batteries fresh by replacing them annually.

Smoke alarms can't help you unless they are functional and you can hear them. Building safety codes require smoke alarms. Contact your local building safety department for more information.

#### Carbon Monoxide (CO) Alarm Safety:

- Install a CO alarm in the hallway outside of each sleeping area.
- Test each CO alarm regularly in accordance with the manufacturer's instructions.
- Permanently wired or plug-in CO alarms should have a battery backup. Keep batteries fresh by replacing them annually.

CO alarms can't help you unless they are functional and you can hear them. Building safety codes require CO alarms in all dwelling units that contain a fuel fired appliance and dwelling units that have an attached garage. Contact your local



Replace batteries every year  
Replace smoke alarms every 10 years

The purpose of this Community Newsletter is to keep all of you informed about Community events taking place in Belmont or surrounding Towns. If you know of an event or have some news to share please let us know so we can include the information in our upcoming newsletters. You can reach us by e-mail at [trusso@belmontnh.org](mailto:trusso@belmontnh.org) or by phone at 267-8300. If you would like to be added to our electronic mailing list please let us know. We would love to hear from you! Please be sure to post the community calendar on your refrigerator so you don't miss anything! All news will be subject to approval by the Town Administrator.

# Police Department



Man's best friend provides you with friendship, protection and companionship in return for very little and having a dog is a great thing and provides many rewards but the responsibility is just as great. The owner of a dog has the responsibility of feeding and keeping your friend safe but did you know that you also have legal responsibilities? The law requires that you register your dog every year; you have until June 1<sup>st</sup> before you have to pay a civil penalty and possibly be issued a summons to appear in court in addition to the civil penalty.

Other reasons to register your dog are; ensuring that your dog has had their rabies vaccination and if your dog gets away from you and is found, we can use the registration information to reunite you with them.

Throughout the year, we get many calls asking if the Town of Belmont has a "leash law". The answer is yes and it follows the state law under RSA 466:31, **Dogs a Menace, a Nuisance or Vicious.**

II. Under this section, a dog is considered to be a nuisance, a menace, or vicious to persons or to property under any or all but not limited to the following conditions:

(a) If a dog is "at large," which means it is off the premises of the owner or keeper and not under the control of any person by means of personal presence and attention as will reasonably control the conduct of such dog, unless accompanied by the owner or custodian. This subparagraph shall not include a dog which is being used for hunting, supervised competition, exhibition, or training for such activities if accompanied by the owner or custodian, or a dog which is guarding, working, or herding livestock, as defined in RSA 21: 34-a, II(a)(4), meaning that the owner or custodian must be able to see or hear the dog, or have reasonable knowledge of where the dog is hunting or herding, or where training is being conducted or where trials are being held, provided that such dog does not have to be within sight at all time;

(b) If it barks for sustained periods of more than 1/2 hour, or during the night hours so as to disturb the peace and quiet of a neighborhood or area, not including a dog which is guarding, working, or herding livestock, as defined in RSA 21:34-a, II(a)(4);

(c) If it digs, scratches, or excretes, or causes waste or garbage to be scattered on property other than its owner's;

(d) If any female dog in season (heat) is permitted to run at large or be off the premises of the owner or keeper during this period except when being exercised on a leash by a responsible adult. At all other times such dog shall be confined within a building or enclosure in such manner that she will not come in contact (except

for intentional breeding purposes) with a male dog. A female dog in heat shall not be used for hunting;

(e) If it growls, snaps at, runs after, or chases any person or persons not on the premises of the owner or keeper;

(f) If it runs after, or chases bicycles, motor vehicles, motorcycles, or other vehicles being driven, pulled or pushed on the streets, highways, or public ways;

(g) If, whether alone or in a pack with other dogs, it bites, attacks, or preys on game animals, domestic animals, fowl or human beings.

II-a. If the skin of a person has been punctured by a dog and the incident was reported, including the identity of the dog and its owner, to the animal officer, if any, or to the town clerk, such officer or clerk shall, within 24 hours, notify the injured person, or, in the case of a minor, the minor's parent or guardian, whether, according to town records, the dog has been appropriately immunized against rabies.

III. (a) Any person who fails, by appropriate action including but not limited to restraining an animal from running at large, or otherwise effectively abating a nuisance found such under the provisions of this section, or who fails to comply with any other provisions of this section after being so ordered, shall have the person's dog taken into custody by the police of the city, constable of the town, or other person authorized by the town and such disposition made of the dog as the court may order.

(b) Notwithstanding RSA 466:31-a, if a law enforcement officer does not witness the nuisance behavior, the name of the complainant

shall be released as public information before any fine under RSA 466:31-a shall be levied.

If you have any questions about the law, please feel free to contact any officer at 267-8351.

Town of Belmont  
143 Main St.  
P.O. Box 310  
Belmont, NH 03220  
Phone: 603-267-8300  
E-Mail: [trusso@belmontnh.org](mailto:trusso@belmontnh.org)  
We're on the web!  
[www.belmontnh.org](http://www.belmontnh.org)

## Town Clerk/Tax Collector



The Town Clerk Tax Collector office has had a make-over! We have recently painted the interior of our office (well actually Allen Daisey did it for us and a fine job he did!). Please come in to see how nice it looks! **A reminder that tax bills were mailed out and are DUE JULY 6<sup>th</sup>. Please note we do not send copies of your tax bill to your mortgage company; we do recommend you send a copy of your tax bill to your mortgage company to insure payment. If you are requesting a receipt please remember we can only send one if we have a SASE.** You can pay your tax bills online at our website [www.belmontnh.org](http://www.belmontnh.org) check it out its easy! If you need to change your mailing address we do need this in writing and a form can be found on the Assessing page on our website.

# Monthly Recipe

Well this month I'm sharing a really delicious recipe I just made for our annual Memorial Day BBQ. It was a huge hit with my guests as I am sure it will be with yours. What better way to kick-off summer than with a yummy berry goodness tart as one person called it! Enjoy!

## Berry Delicious Tart Recipe

### INGREDIENTS:

- 1 cup all-purpose flour
- 1/3 cup plus 1/4 cup sugar, divided
- 1/2 cup cold butter
- 1/2 cup seedless strawberry jam
- 1 package (8 ounces) cream cheese, softened
- 1 egg, lightly beaten
- 1 teaspoon vanilla extract
- 2 cups fresh or frozen unsweetened mixed berries, thawed and drained

### TOPPING:

- 3/4 cup packed brown sugar
- 1/3 cup old-fashioned oats
- 1/2 cup all-purpose flour
- 1/4 cup cold butter

### Directions

- In a small bowl, combine flour and 1/3 cup sugar; cut in butter until crumbly. Press onto the bottom and 1 in. up the sides of a greased 9-in. springform pan.
- Place pan on a baking sheet. Bake at 375° for 8-10 minutes or until crust is lightly browned. Cool on a wire rack.
- Spread jam over crust. In a small bowl, beat cream cheese and remaining sugar until smooth. Add egg and vanilla; beat on low speed just until combined. Pour over jam; sprinkle with berries.
- In a small bowl, combine the brown sugar, oats and flour; cut in butter until crumbly. Sprinkle over filling.
- Bake for 30-35 minutes or until bubbly and golden brown. Cool on a wire rack for 10 minutes. Carefully run a knife around edge of pan to loosen; cool 30 minutes longer. Serve warm or cold. **Yield:** 12 servings.

